

Workshops 2008

Please remember that workshops are subject to change or cancellation without notice. *To ensure that your choice of workshop has a greater chance of happening, please register early. Workshops without sufficient registered students before the beginning of the conference will be cancelled.*

Pre - Conference

Monday, June 2

KP Khalsa – *Instant Relief of Allergic and Emotional Reactions* (1 day) 9:00 – 5:00
Price: \$125

A new, dramatic method of balancing body energy can rapidly alleviate specific food or air borne allergen symptoms, as well as undesired emotional reactions such as fear, crying, or temper. This hands-on workshop teaches you how to neutralize the physiological response to allergens and emotional stimuli, one by one. This truly revolutionary technique is easy to learn and apply. (Underlying causes such as emotional factors may need further treatment.)

Tuesday, June 3

KP Khalsa – *Nutritional Kinesiology* (1st of 2 days) 9:00 – 5:00 Price: \$250
We will discuss basic scientific information on clinical nutrition from the conventional and alternative medicine viewpoints. Traditional and scientific approaches to clinical herbalism will be explored. Students will learn to assess nutritional status with muscle testing, and compare the body's response to various brands and doses of therapeutic nutrients. Students will also be engaged in a practical education of clinical nutrition, from academic knowledge of vitamins, minerals and herbs to application with clients using kinesiology. This class counts toward the 40 hour EnKA certification requirement.

Kathie Guhl and Debra Hurt - *Ethics One - Chiron: The Wounded Healer* (1 day)
8:30 – 5:30 Price: \$100

In the basic ethics workshop we will explore the myth of Chiron, the Wounded Healer. We will examine our deepest ethical beliefs and how they are challenged by our own personal internal wounds. The workshop is interactive, and includes role-playing, group discussion and balancing. This is the first class in a series of three workshops addressing ethics in the Energy Kinesiology field.

Wednesday, June 4

Earl Cook - *eTouch for Health Level 1 – The Basics* (1/2 day) 9:00 – 1:00 Price: \$100
(includes manual but does not include eTouch)

Students will get an introduction and overview of the eTouch basics while getting hands on practice performing a 14-muscle Balance-As-You-Go balance while using eTouch. eTouch for Health is a powerful software tool that is assisting practitioners, students and instructors in over 60 countries learn, practice and teach TFH energy kinesiology.

Earl Cook - eTouch for Health Level 2 – Exploring Session Options (1/2 day) – 2:00 – 6:00 Price: \$100 (includes manual but does not include eTouch) Prerequisite: eTouch Level 1

Students will learn the many options available to them for creating TFH / eTouch balancing sessions. Practitioners need flexibility and options available to them when performing balances. eTouch has many options that assist the TFH energy kinesiology practitioner to become more effective.

Kathie Guhl and Debra Hurt - Ethics Two: Persephone (1 day) 8:30 – 5:30 Price: \$100

This is the second in a series of three workshop exploring ethics in the energy kinesiology field. The course will focus on the myth of Persphone and how it outlines communication and ethical behavior by practitioners, teachers, students and clients, and the importance it has on the growth and acceptance of our discipline. The workshop is interactive, and includes role-playing, group discussion and balancing.

KP Khalsa – Nutritional Kinesiology (2nd of 2 days) 9:00 – 5:00

Post - Conference

Sunday, June 8

Earl Cook - eTouch for Health Level 3 – Client Management (1/2 day) 9:00 – 1:00 Price: \$100 (includes manual but does not include eTouch) Prerequisites: eTouch Level 1 & 2

Students will learn how to manage client records, produce reports, add photographs, update indications/conditions and analyze reports. As the field of energy kinesiology matures, its practitioners will need new tools to assist them in their profession. eTouch for Health is an important one of those tools.

Kathie Guhl and Debra Hurt - Ethics Three: Case Studies (1/2 day) 1:30 – 5:30 Price: \$50

This is the third in a series of three workshops exploring ethics in the energy kinesiology field. The course will focus on case studies, both fictional and actual, involving class discussion and decision-making. The workshop is interactive, and includes role-playing, group discussion and balancing.

Monday, June 9

Christopher Beardall – *Clinical Kinesiology I: Low Back and Abdomen* (1st of 2 days)
9:00 – 5:00 Price: \$395

Learn how to accurately monitor the muscles of the low back, abdomen. Assess, balance and reactivate each muscle and discover the concepts of the bio-computer. Find out the difference between open vs. closed muscle testing. This class is required for CK Certification. Includes: New Color Version of Clinical Kinesiology Volume I

Donna Colfer - *Increase the Money Energy In Your Life* (1 day) 9:00 – 5:00 Price: \$125

This workshop will help students to look at common problems associated with money choices, individual patterns, and the day-to-day management of money issues. People often carry hidden attitudes and limiting judgments regarding their relationship with money. This workshop assists individuals in identifying and moving beyond these restrictions. Often students discover greater financial clarity, personal satisfaction, increased abundance, and enhanced success in life.

Luis Diaz - *PBR-Pain Body Release*. (1 day) 9:00 - 5:00 Price: \$125

The cells in which past physical or emotional trauma is stored operate in a survival pattern based on something that is no longer real or current for anyone but the person maintaining the pattern. When an unresolved issue or trauma impedes the flow of energy in the body-mind system, stagnation is created in a particular part of the body, often the organ, joint or muscle most associated with the story. We know further that areas of stagnant energy contain negative e-motional charge (NEC) that literally split and subdivide the human energy field in separate compartments without communication between them. This workshop is an integral tool of The CMR Process. Accessing the stored layers allows us to heal ourselves and awaken our peaceful, connected, real self. You will learn how to perform the PBR process (Pain Body Release) on yourself and on others. www.cellularmemory.org

Tanmayo Lawson - *Integral Touch: An Introduction to Facial Harmony* (1st of 3 days)
9:30 – 7:00 Price: \$580 (special conference price)

Diving beyond the mind into deep states of relaxation. Unwinding precognitive patterns of frozen tension. Releasing inner radiance and direct access to guidance. Relax, Release and Rejuvenate.

Peter McLellan – *Neuro Spiritual Integration 1* (1st of 4 days) 9:30 – 6:00 \$600

The journey of the soul through this life transition and beyond is the greatest responsibility we can carry, for our children, our loved ones and ourselves. Our neurology is the landscape for the expression of the soul. With an inadequate access to basic brain function our journey through life can be less harmonious, stressful and even cause some of us to get to a state where life is just too difficult and may choose to exit prematurely. Establishing basic brain integration can free up our spirit/soul to express its full potential and we can live a life fully engaged, joyful and fully present to the being

*that we truly are meant to be. Course Contents: * NSI Protocol * Primary Neurological Switching * Heart-Brain Integration * Neuro Structural Integration * Energetic Systems Balance * Constitutional Essence Format * Cortical Harmonic Integration * NSI Formats * The Soul Journey * Neurology and the Soul - structure and function * Shamanic Practice * Stabilizing the neurology at a fundamental level with acupoints * Chakra Balance * Transpersonal and Neurological interface between body & soul*

Doris Muna - How To Balance A Meridian Using Flower Essences (1/2 day) 9:00 – 1:00 -- Price: \$65

Discover the amazing effect of the flower essences on the meridian system. The unique healing properties of flower essences cover different meridians to facilitate the unblocking of emotional and spiritual challenges. They work on a subtle level and their effect is far reaching. Easy to use with fascinating results. Attendees have the option for a 50% discount on flower essences.

Tom Stone – Vaporize Your Anxiety (1 day) 9:00 – 5:00 Price: \$150

Learn new insights about how pre-verbal conditioning sets us up to have anxiety, why this happens, and gain a new understanding of how to best resolve this. The insights about preverbal human conditioning are called the Core Dynamics of Common Problems. The workshop will provide an introduction to these new ground breaking insights. Participants will learn two new techniques called Center Of Remaining Energy and Side Entrance Expansion. These are new and highly effective methods of resolving the underlying fears that cause anxiety, worry, nervousness and depression. Kinesiology will be used to determine which technique is appropriate for individual clients and also to guide the process of using these techniques with clients. In addition participants will be able to use them on themselves during the workshop to resolve any of these issues that they may have. These techniques are very effective for quickly resolving even long-standing anxiety, worry and nervousness.

Holly Stuber – Laughter Yoga (1 day) 9:00 – 5:00 Price \$125

Everyone, everyday, tries to manage stresses in their life and achieve some balance between the “demands” of life. This workshop is an introduction to Laughter Yoga and will provide specific laughter exercises that could be put to immediate use. Laughter Yoga blends with other energy kinesiology techniques and could be a great ice-breaker for classes or individual sessions.

Matthew Thie – TFH Instructor Update / Proficiency Skills (1st of 2 days) 9:00 – 5:00
Price: \$295

This class meets the requirements for the Touch For Health Update. This is also for anyone who has already had Touch For Health 1-4 and would like to update his/her skills.

Tuesday, June 10

Christopher Beardall – Clinical Kinesiology I: Low Back and Abdomen (2nd of 2 days) 9:00 – 5:00

Luis Diaz - *NNR-Neural Net Re-patterning*. (1 day) 9:00 - 5:00 Price: \$125

Our minds perceive life and interpret what is happening. It tells us how to react through decisions we made in the past. That leads us to repeat patterns indefinitely. NNR is a powerful yet easy-to-learn technique to uncover those beliefs and addictive patterns that create so much pain for us and for others. NNR easily integrates into all forms of therapy and counseling practices. Learn the technique that is accelerating the pace of Cellular Memory Release. Included is the theory with real cases and the brain integration corrections. www.cellularmemory.org

Tanmayo Lawson - *Integral Touch: An Introduction to Facial Harmony* (2nd of 3 days) 9:30 – 7:00

Peter McLellan – *Neuro Spiritual Integration 1* (2nd of 4 days) 9:30 – 6:00

Matthew Thie – *TFH Instructor Update / Proficiency Skills* (2nd of 2 days) 9:00 – 5:00

Wednesday, June 11

Tanmayo Lawson - *Integral Touch: An Introduction to Facial Harmony* (3rd of 3 days) 9:30 – 7:00

Peter McLellan – *Neuro Spiritual Integration 1* (3rd of 4 days) 9:30 – 6:00

Thursday, June 12

Peter McLellan – *Neuro Spiritual Integration 1* (4th of 4 days) 9:30 – 6:00